



THE  
**HALLMARKS**  
of a Notre Dame de Namur Learning Community

**Hallmarks Retreat | Notre Dame Spirituality Center | Ipswich, MA  
March 24-25, 2026**

**SCHEDULE**

**Day 1: Tuesday, March 24, 2026**

*All activities take place in Social Hall unless otherwise noted.*

8:00-9:45 am	Arrival/Hospitality/Check-In to Rooms Coffee, tea and light breakfast available in the social hall.
9:45-10:10 am	Greeting, Introductions Orientation to the Spirituality Center/Housekeeping Opening Prayer
10:10-10:30 am	Icebreaker Activity
10:30-11:00 am	History of the Hallmarks and Sharing our Stories
11:00-11:15 am	Break
11:15 -11:45 am	Table Conversations – Hallmarks & Personal Connections
11:45 am -12 pm	Large Group Reflection/Sharing from Tables
12:00-12:45 pm	Lunch – Small Dining Room
12:45-1:30 pm	Break – Bookstore open.
1:30-3:15 pm	Contemplative Focus: Emmaus Reflection Individual reflection, small group & large group sharing
3:15-5:00 pm	Long Break – for personal reflection/rest.
3:30 pm	<i>Optional:</i> Praying the Notre Dame Examen
5:00-6:00 pm	Dinner
6:00-8:00 pm	Social with the Sisters – An opportunity to visit with several Sisters in the Ipswich community to learn more about their life stories, work and spirituality. Wine, beer, soft drinks and dessert will be served.



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**Day 2: Wednesday, March 25, 2026**

7:00 am	Coffee/tea available in coffee room.
8:00-8:45 am	Breakfast in small dining room.
9:00-9:15 am	Morning prayer
9:15-10:20 am	Prophetic Focus: Three Corners Activity
10:20-10:30 am	Group photo & break – Check-out of rooms.
10:30-11:30 am	Next Steps Conversation Individual and group reflection exercises; large-group sharing.
11:30 am-12 pm	Closing Reflection
12:00-12:45 pm	Lunch
12:45 pm	Departure